

Health Care Waivers for CMS or State-Only Facilities

March 19, 2020

The State of Iowa and the Centers for Medicare and Medicaid Services (CMS) have made available several waivers to assist in managing patient or resident needs during the COVID-19 response. The waivers are available for the following facilities:

State-Only Waivers

- Adult Day Programs
- Assisted Living Programs
- Assisted Living Programs for People with Dementia
- Critical Access Hospitals
- Elder Group Homes
- Hospices
- Hospitals
- Nursing Facilities
- Psychiatric Medical Institutions for Children
- Residential Care Facilities
- Intermediate Care Facilities for Individuals with Intellectual Disabilities
- Skilled Nursing Facilities
- Sub-Acute Mental Health Facilities

CMS 1135 Waivers

- Ambulatory Surgical Centers
- Critical Access Hospitals
- End-Stage Renal Disease Facilities
- Home Health Agencies
- Hospices
- Hospitals
- Intermediate Care Facilities for Individuals with Intellectual Disabilities
- Nursing Facilities
- Psychiatric Residential Treatment Facilities
- Rural Health Clinics
- Skilled Nursing Facilities

State-Only Waivers

Submit a request for a State-only waiver by email to hfdwaivers@dia.iowa.gov.

State-only waiver requests must include:

- 1) Name, address, and type of facility;
- 2) Rule(s) for which the waiver/variance is being requested.
- 3) Briefly state why compliance with the rule(s) at this time would pose an undue hardship; and
- 4) Briefly describe how the variance will not endanger the health, safety, or welfare of any resident or infringe upon the rights of any person.

CMS 1135 Waivers

Request a CMS waiver by email to ROCHISC@cms.hhs.gov. Be sure to copy hfdwaivers@dia.iowa.gov.

CMS has developed a [fact sheet](#) with additional information about these blanket waivers. Health care entities are still required to work with regulatory bodies in Iowa to coordinate the implementation of granted waivers.

Visit the CMS website for information on [what to include in a waiver request](#). If you have questions about these waivers, email 1135waiver@cms.hhs.gov.